2001 CALIFORNIA WOMEN'S HEALTH SURVEY

Final 12 September 2001

Closing changed June 1, 2001

Questions about the survey should be directed to:

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INTROQ

HELLO, I'm (interviewer name) calling on behalf of the California Department of Health Services and the Office of Women's Health.

Is this (phone number) ?

- 1. Yes---> (Continue)
- Thank you very much, but I seem to have dialed the wrong number. (Stop) 2. No --->

NUMADULT

We're doing a study of the health practices of California adults. Your number has been randomly chosen to be included in the study, and we'd like to ask some questions about things people do which may affect their health. Our study requires that we randomly select one adult who lives in vour household to be interviewed. How many members of your household, including yourself, are 18

years of age or older?
Enter the number of adults
NUMWOMEN (If NUMADULT GT 1) How many are women?
Enter the number of women (0-9)
MENONLY (If NUMWOMEN EQ 0) Thank you for your cooperation, but we are only interviewing women age 18 and older at this time.
NUMMEN (If NUMADULT GT 1) How many are men?
Enter the number of men (0-9)
(Verify: NUMMEN+NUMWOMEN=NUMADULT)
SELECTED (If NUMWOMEN GT 1) The person in your household I need to speak with is the
Are you the <u>(SELECTED)</u> ?
1. Yes> Continue. 2. No> May I speak with the?
ONEADULT (If NUMWOMEN = 1) Are you the adult?

- Then you are the person I need to speak with. All the information obtained in this 1. Yes---> study will be confidential.
- 2. No ---> May I speak with her? (When selected adult answers:)

Hello, I'm (interviewer name) calling on behalf of the California Department of Health Services and the Office of Women's Health.

Introduction:

We're doing a special survey of California women and are asking about their health practices and day-to-day living habits. Your telephone number was randomly selected from all California phone numbers. You have been randomly chosen to be included in the study from among the adult women of your household.

Before I ask you any questions, I want to be sure you know that your participation is totally voluntary and that all the answers you provide will be kept confidential. You will not be identified in any way in any reports. Your answers will be combined with the answers of the 4000 other women who take part in the survey.

You may stop the interview at any time. If there is a question that you cannot or do not wish to answer, please tell me and I'll go to the next question.

In this survey, we are asking questions about health care coverage, experience with breast cancer screening tests, alcohol and tobacco use, vitamin use, mental health and family violence. Depending on your age, you may also be asked about family planning, childbirth and breastfeeding experience, and experience with the Women, Infants and Children's program.

We appreciate your cooperation with this survey. The only cost to you is the time needed to answer the questions. The survey takes about 25 minutes. Although you may not gain personally from taking part in this survey, the information you give will be used to improve state programs and to identify areas of need to improve the health of California women.

First I'd like to ask some questions about your health.

GEN 1.		(Core) HEALTH. Id you say that in general your health is: Excellent, Very good, Good, Fair, or Poor?
	1. 2. 3. 4. 5.	Excellent Very good Good Fair Poor
	7. 9.	Don't know / Not sure Refused
PHY: 2 .	Now	Type VII. thinking about your physical health, which includes physical illness and injury, for how by days during the past 30 days was your physical health not good?
		Enter Number of days
	88.	None
	77. 99.	Don't know / Not sure Refused
MEN 3.	Now	H (Core) Type VII. thinking about your mental health, which includes stress, depression, and problems withtions, for how many days during the past 30 days was your mental health not good?
		Enter Number of days
	88.	None
	77. 99.	Don't know / Not sure Refused
POO 4 .	Duri	H (Core) (Ask if PHYSHLTH >=1 or MENTHLTH>=1) TYPE VII. ng the past 30 days for about how many days did poor physical or mental health keep you n doing your usual activities such as self-care, work or recreation?
	_	Enter Number of days
	— 88.	None

HEALTH ACCESS

These next questions are about women's access to medical care. Please be assured that I am not trying to sell you insurance coverage.

HAVEPLN3 (Core) YESNO.

- 5. Do you have ANY kind of health care coverage? (This would include health insurance, prepaid plans such as HMOs--health maintenance organizations--or government plans such as Medicare or Medi-Cal.)
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

HLTHPLAN (Core) YESNO. (If HAVEPLN3 = 2, 7, or 9 ask:)

There are some types of coverage you may not have considered. Please tell me if you have coverage through any of the following:

(If HA	AVPLN3 = 1, ask:) Do you receive health care coverage through:	Yes	No	DK/NF	RF	
6.	Your employer	1	2	7	9	EMPPLAN
7.	Someone else's employer (including spouse)	1	2	7	9	OEMPLAN
8.	A plan that you or someone else buys on your own	1	2	7	9	OWNPLAN
9.	Medicare	1	2	7	9	MEDICARE
10.	Medi-Cal (Medicaid)	1	2	7	9	MEDICAL
11.	The military, CHAMPUS, or the VA [or CHAMP-VA]	1	2	7	9	MILPLAN
12.	Indian Health Service, or,	1	2	7	9	INDIANHS
13.	Some other source	1	2	7	9	OTHRSRCE

If no "Yes" responses to Q6-13, go to PASTPLAN;
If more than one "Yes" to Q6-13, go to MAINPLAN, else go to GAPPLN

MAINPLAN (Core) MAINPLNB.

14. What type of health care coverage do you use to pay for MOST of your medical care?

Is it coverage through: (Read only if necessary)

- 1. Your employer
- 2. Someone else's employer (including your spouse)
- 3. A plan that you or someone else buys on your own
- Medicare
- 5. Medi-Cal (Medicaid)
- 6. The military, CHAMPUS, the VA (or CHAMP-VA)
- 7. Indian Health Service
- 8. Some other source
- 88. None
- 77. Don't know / Not sure
- 99. Refused

GAPPLN (Core) YESNO.

- 15. In the past 12 months, was there any time that you did NOT have ANY health insurance or coverage?
 - 1. Yes

2. No (Go to HMOPPO2)

7. Don't know / Not sure (Go to HMOPPO2) 9. Refused (Go to HMOPPO2)

GAPPLNT (Core) TYPE II

16. In how many of the past 12 months were you without any coverage?

(number)

- 77. Don't know / Not sure
- 99. Refused

HMOPPO2 (Core) YESNO.

- 17. Do you receive your health care through an HMO (Health Maintenance Organization)?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

HLTHLIST (Core) HLTHLIST.

18. Not including any supplemental and medigap health insurance, what is the name of the health plan you use to pay for most of your medical care?

Select from Brandlist 96. Other (Specify)

777. Don't know / Not sure (Go to CHECKUP2) 888. None (Go to CHECKUP2) 999. Refused (Go to CHECKUP2) TIMEPLAN (Core) HOWLNGD.

19. About how long have you had this particular health coverage?

Read Only if Necessary

1.	Within the past 6 months (more than 0 to 6 months)	(Go to CHECKUP2)
2.	Within the past year (more than 6 months to 1 year)	(Go to CHECKUP2)
3.	Within the past 2 years (more than 1 year to 2 years)	(Go to CHECKUP2)
4.	Within the past 5 years (more than 2 years to 5 years)	(Go to CHECKUP2)
5.	More than 5 years ago	(Go to CHECKUP2)

7. Don't know / Not sure (Go to CHECKUP2)
9. Refused (Go to CHECKUP2)

PASTPLAN (Core) HOWLONGC.

20. About how long has it been since you had health care coverage?

Read Only if Necessary

- 1. Within the past 6 months (more than 0 to 6 months)
- 2. Within the past year (more than 6 months to 1 year)
- 3. Within the past 2 years (more than 1 year to 2 years)
- 4. Within the past 5 years (more than 2 years to 5 years)
- 5. More than 5 years ago
- 7. Don't know / Not sure
- 8. Never
- 9. Refused

CHECKUP2 (Core) Ask all women

HOWLONG.

21. Some people visit a doctor for a routine checkup, even though they are feeling well and have not been sick. About how long has it been since you last visited a doctor for a routine medical checkup?

(Read only if necessary)

- 1. Within the past year (0 years to 1 year)
- 2. Within the past 2 years (more than 1 year to 2 years)
- 3. Within the past 5 years (more than 2 years to 5 years)
- 4. More than 5 years ago
- 7. Don't know / Not sure
- 8. Never
- 9. Refused

CONTINUITY OF CARE

WHERCARE (NEW) (MCH)

WHERCARE.

- 22. During the past 12 months, where did you USUALLY go when you needed health care? Have you usually gone to an. . .
 - 1. Emergency room
 - 2. Private doctor
 - 3. Hospital clinic
 - 4. HMO clinic
 - 5. Community clinic
 - 6. Acute care clinic
 - 7. Urgent care clinic
 - 8. Doesn't go to one place most often (Do not read)
 9. Did not see anyone during the past 12 months (Do not read)
 - 10. Other (Specify _____)
 - 77. Don't know / Not sure
 - 99. Refused

HEART DISEASE

HEARTTLK (CMRI: American Heart Association) Ask of all women YESNO.

- 23. Has your doctor or other health provider talked with you about heart disease?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

For the next three questions, please tell me if you think the following things increase, decrease, or make no difference in a woman's risk for heart disease.

HEARTHRT (NEW) (CMRI)

RISKC.

Ask of all women

- 24. Does hormone replacement therapy that is, taking Premarin, Estrace, or Estratab increase, decrease, or make no difference in a woman's risk for heart disease?
 - 1. Increase
 - 2. Decrease
 - Makes no difference
 - 7. Don't know / Not sure
 - 9. Refused

HEARTWT (NEW) (CMRI) (Ask all women)

RISKC.

- 25. Does being overweight increase, decrease, or make no difference in a woman's risk for heart disease?
 - 1. Increase
 - 2. Decrease
 - 3. Makes no difference
 - 7. Don't know / Not sure
 - Refused

HEARTEAT (NEW) (CMRI) (Ask all women)

RISKC.

- 26. Does eating a diet low in fat and cholesterol increase, decrease, or make no difference in a woman's risk for heart disease?
 - 1. Increase
 - 2. Decrease
 - Makes no difference 3.
 - 7. Don't know / Not sure
 - Refused 9.

BPCK12M (NEW) (CMRI) - Ask of all women

YESNO.

- In the past 12 months, have you had your blood pressure checked?
 - 1.
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

CHCK12M (NEW) (CMRI) - Ask of all women

- 28. In the past 12 months, have you had your cholesterol level checked?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - Refused 9.

CVDBELI2 (NEW) (CMRI) - Ask of all women

CVDMORTB.

- Among women, which do you believe is the leading cause of death? Would you say...
 - 1. Breast cancer
 - 2. Heart disease
 - Neither, or
 - 4. Both
 - 7. Don't know / Not sure
 - 9. Refused

Now I would like to ask you a few questions about cigarette smoking

SMOKE100 (Core) Ask all women

YESNO.

Have you smoked at least 100 cigarettes in your entire life? 5 packs = 100 cigarettes

1. Yes

2. No (Go to WICHEAR2)

7. Don't know / Not sure (Go to WICHEAR2) 9.

Refused (Go to WICHEAR2) SMKEVDA2 (Core)

EVDAY.

- 31. Do you now smoke cigarettes everyday, some days, or not at all?
- - Everyday
 - Some days
 Not at all
 - 7. Don't know / / Not sure
 - 9. Refused

The next few questions are about the Women, Infants, and Children program, also known as the WIC program

WICHEAR2 (WIC) Ask all women

YESNO.

- 32. Have you heard of the WIC program?
 - 1. Yes

2. No (Go to AGE)

7. Don't know / Not sure (Go to AGE) 9. Refused (Go to AGE)

WICAD (NEW) (WIC)

YESNO.

- 33. Within the last 12 months, have you seen or heard any message about the WIC program?
 - 1. Yes

2. No (Go to FOODWIC)

7. Don't know / Not sure (Go to FOODWIC)9. Refused (Go to FOODWIC)

WHERHEA2 (NEW) (WIC)

YESNO.

34. Where did you hear about WIC? Was it from . . .

	·	Yes	No	DK\NS	REF	
1.	a friend or relative	1	2	7	9	WHERH_H
2.	a doctor's office or a clinic office	1	2	7	9	WHERH_N
3.	television	1	2	7	9	WHERH_F
4.	radio	1	2	7	9	WHERH_G
5.	a bus bench, billboard, or public transportation	1	2	7	9	WHERH_O
6.	other (specify)	1	2	7	9	WHERH_J

FOODWIC (WIC, CPNS)

YESNO.

- 35. In the last 12 months have you received food assistance from WIC (coupons/vouchers)?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

Because a number of the following questions are age-dependent, before we continue, I need to ask:

AGE 36 .	(Core	e) old were you on your last birt	hday?	TYPE I.
		Enter age in years		
	7. 9.	Don't know / Not sure Refused		
If AGE	GE 50	go to PREGNANT; and LT 55, go to PREG5YR; go to LIVEBRT2		
PRE	GNAN	CY		
PRE(37 .		T (Core) (Asked of those AGE 1	•	YESNO.
	1. 2.	Yes No	(Go to PREG5YR)	
	7. 9.	Don't know / Not sure Refused		
TRYF 38.		(OFP) rou currently trying to become	pregnant?	YESNO.
	1. 2.	Yes No		
	7. 9.	Don't know / Not sure Refused		
PRE(39 .	Have If PR	(CORE) Asked of those AGE you been pregnant in the pas EGNANT=1 ASK:] r than your current pregnancy	t five years?	YESNO. in the past five years?
	1. 2.	Yes No		
	7. 9.	Don't know / Not sure Refused		
LIVEI 40 .		NEW (MCH) Ask all women many children have you ever	given birth to, counting o	TYPE II. nly live births?
		Enter Number		
	88.	None	(Go FOLICE	AT)
	77. 99.	Don't know / Not sure Refused	(Go FOLICEA (Go FOLICEA	

Refused

Doesn't know what folic acid is

8.

9.

DATEBRTH (MCH)

ΔΑ Ι 41.		H (MCH) what date did you last give birth to	a live baby?	
	_	Enter month DATEB_A Enter year DATEB_B		
	77. 99.	Don't know / Not sure Refused		
BRT 42 .		HT (MCH) Ask if PREG5YR = yes much did your last baby weigh at	birth?	
	_	Enter pounds\ounces Enter grams		
	77. 99.	Don't know / Not sure Refused		
BRS 43 .		2 (NEW) (MCH) ask of all women who you breastfeed your baby born in y		e birth: YESNO.
	1. 2.	Yes No	(Go to FOLICEAT)	
	7. 9.	Don't know / Not sure Refused	(Go to FOLICEAT) (Go to FOLICEAT)	
WNS 44.		72 (NEW) (MCH) ask if YES above old was that child when you stopp	oed any breastfeeding ((no longer breastfed that child)?
	_	Enter Number Enter Weeks, Months	TYPE X. WHEN III.	(Verify if GT 24-months)
	77. 99.	Don't know / Not sure Refused		
Now	, I wo	uld like to ask you about your use	of vitamins and minera	ls.
FOL 45 .	Con: defe	(NEW) (MCH) Ask all women suming foods with adequate levels cts in newborn infants. Would kno acid in one serving increase your	owing that some cereal	had 100% of the daily amount of
	1. 2. 3.	Not at all Somewhat Very likely		
	4. 7.	Doesn't eat cereal Don't know / Not sure	(Do not read)	

(Do not read)

9.

Refused

VITF 46 .		2 (MCH,) Modified Ask all women you CURRENTLY taking multivitamins o	YESNO. or prenatal vitamins?
	1. 2.	Yes No	
	7. 9.	Don't know / Not sure Refused	
∨ITT 47 .	(If Y	B (MCH) (ES to VITPREN2)	YESNO. are you currently taking a pill containing the B
	vita (If N	min Folate or Folic Acid? IOT YES to VITPREN2) you currently taking a pill containing the	
	1. 2.	Yes No	
	7. 9.	Don't know / Not sure Refused	
EPH 48.	Nov	A (NEW) (MCH) v, thinking about herbal products, in the elp you lose weight?	YESNO. last 12 months, did you take Ephedra (Ma Huang
	1. 2. 3.	Yes No Doesn't know term	
	7. 9.	Don't know / Not sure Refused	
SEL 49 .		HT (CPNS) rently, do you consider yourself:	WEIGHT.
	1. 2. 3.	Overweight Underweight About the right weight for your height	(Go to DAILYEAT)
	7. 9.	Don't know / Not sure Refused	(Go to DAILYEAT) (Go to DAILYEAT)
LIKE 50 .		(NEW) (CPNS). (Do not accept a range) at do you consider a healthy weight for y	TYPEIV. rourself?
		Enter weight	
	7.	Don't know / Not sure	

DIETARY QUALITY

DAIL` 51 .	A sei medi	(NEW) (CPNS) ving is about 1/2 cup of vegetables or fruit, 6 ounces of 100% fruit or vegetable juice, a um piece of fruit, or 1 cup of green salad. About how many servings of fruits and tables do you usually eat or drink on an average day?
		Enter number
	77. 99.	Don't know / Not sure Refused
DAIL` 52 .	How	(CPNS) many total servings of fruits and vegetables do YOU think you should eat every day for health? (That's a combined total of BOTH fruits and vegetables.) (A serving = ½ cup of tables or fruit, 6 ounces of juice, a piece of fruit, 1 cup of green salad)
		Enter number
	77. 99.	Don't know / Not sure Refused
DAIL` 53 .	How	(CPNS) TYPEIII. many total servings of milk products, like fluid milk, cheese or yogurt, do YOU think you ld eat every day for good health? (A serving = 8 ounces of milk or yogurt, 2 ounces of se)
		Enter number
	77. 99.	Don't know / Not sure Refused
	8.	Lactose intolerant
DEM	OGRA	PHICS
		(Core) YESNO. ou of HISPANIC ORIGIN such as Mexican American, Latin American, Puerto Rican or n?
	1. 2.	Yes No
	7. 9.	Don't know / Not sure Refused

Don't know / Not sure

Refused

77. 99.

California '	Women's Health Survey – 2001			final – 9/12/01
	(Core) ch one or more of the following would you use read and mark all that apply.	say is	YESNO. s your race?	
1. 2. 3. 4. 5. 6.	White Black or African American Asian Native Hawaiian or Other Pacific Islander American Indian or Alaska Native Other [specify]> ORACETXT (Recode	ORA ORA ORA	ACE3_A ACE3_B ACE3_C ACE3_D ACE3_E t retained) ORACE3_F	
7. 9.	Don't know / Not sure Refused			
If more tha	n one response to ORACE3, continue. Otherwise,	go to	ORACE2A	
	(NEW) (Core) ch one of these groups would you say bes White Black or African American Asian Native Hawaiian or Other Pacific Islander	t repre	ORACEC. esents your race?	
5. 6. 7. 9.	American Indian or Alaska Native Other [specify]> ORACET Don't know / Not sure Refused	XT (R	ecoded, not retained)	
If ORACE3 Else go to E	_C EQ 1 or ORACE3_D EQ 1 or ORACE4 EQE 3 BIRTHPLC	or 4, g	jo to ORACE2A;	
	(Core) you Chinese, Japanese, Korean, Filipino, \ onesian or Other?	/ietna	ORACE2A. mese, Cambodian, Laotian,	, East Indian,
1. 3. 5. 7. 9. 11. 13.	Chinese Korean Vietnamese Laotian Indonesian Samoan Saipanese OTHER: (specify)	2. 4. 6. 8. 10. 12. 14.	Japanese Filipino Cambodian East Indian Hawaiian Pakistani Fijian >ORA2ATXT (T	Ēext)
77.	Don't know / Not sure	99.	Refused	
BIRTHPLO	C (Core) That country were you born?		BIRTHPLC.	
Sele 14.	ect From Brand List Other (specify)			

(Go to MARITAL) (Go to MARITAL)

BIRTHTXT

58.5 OTHER (SPECIFY)

	HPLC e	q1 go to MARITAL;	
USE1 59 .	NTRY In wh	(Core) at year did you first enter the U.S.?	TYPE I.
		Enter year	
		Don't know / Not sure Refused	
MAR 60 .		(Core) ou: married, divorced, widowed, separated, never married le?	MARITAL. d, or a member of an unmarried
	1. 2. 3. 4. 5. 6.	Married Divorced Widowed Separated Never married A member of an unmarried couple	
	9.	Refused	
CHIL 61 .		(Core) many children under age 18 live in this household?	Type II.
	_	Enter Number of children	
	00. 99.	None Refused	
CHIL 62 .	(If Ch	IILD9 (Core) IILD18=1, ask:) How old is the child? IILD18 GT 1, ask:) How old are the children?	Type II.
age = EXAN	: 1.0. E ИРLЕ:	VER NOTE: List the ages of all children in the household. If clenter WHOLE YEARS ONLY. ROUND FRACTIONS UP. 3.0 {In this household there is one 3 year-old (.0 suffix), two year old, .2=older 5 year old) and one 13 year old (.0 suffix)}	-
Youth	ns = 77. 99.	AGE OF CHILD/CHILDREN Don't know / Not sure Refused	

EDUCA (Core) EDUCA.

- 63. What is the highest grade or year of school you completed? (Read Only if Necessary)
 - 1. Eighth grade or less
 - 2. Some high school (grades 9-11)
 - 3. Grade 12 or GED certificate (High school graduate)
 - 4. Some technical school
 - 5. Technical School Graduate
 - Some College
 - 7. College graduate
 - 8. Post graduate or professional degree
 - Refused

EMPLOY3 (Core)

EMPLOYB.

- 64. Are you currently: Employed full time, Employed part time, Self-employed, Out of work for more than 1 year, Out of work for less than 1 year, Homemaker, Student, Retired, or Unable to work?
 - 1. Employed full time (32 or more hours a week)
 - 2. Employed part time (less than 32 hours a week)
 - 3. Self-employed
 - 4. Out of work for more than 1 year
 - 5. Out of work for less than 1 year
 - 6. Homemaker
 - 7. Student
 - 8. Retired
 - 9. Unable to work
 - 99. Refused

HHSIZE (CA)*** Calculated variable do not ask *** (not formatted)

65. Household size. ((NUMADULT-NHHADULT)+CHILD18)

INCOM01 (Core)

INCOMEB.

- 66. Which of the following categories best describes your annual household income from all sources? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to less than \$75,000; \$75,000 to less than \$100,000 or \$100,000 or more?
 - 1. Less than \$10,000
 - 2. \$10.000 to less than \$15.000
 - 3. \$15,000 to less than \$20,000
 - 4. \$20,000 to less than \$25,000
 - 5. \$25,000 to less than \$35,000
 - 6. \$35,000 to less than \$50,000
 - 7. \$50,000 to less than \$75,000
 - 8. \$75,000 to less than \$100,000
 - 9. \$100,000 or more
 - 88. \$0, No income
 - 77. Don't know / Not sure
 - 99. Refused

Find the point on the table where HHSIZE and INCOM95 intersect.

If there is a table value and the table value is LT the "less than" value of the response to INCOM95, go to THRESH00.

THRESH00 (Core)

YESNO.

- 67. Is your annual household income above _____ (table look up for income and household size)? (This is an income threshold used for statistical purposes.)
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

INCOM01	=	1	2	3	4	5	6	7	8	9
HHSIZE=	1	8,350	10,800 / 15,450	16.700	20,900					
(Household	2		11,250 /		20,800 /	28,100				
Size)			14,600		22,500					
	3		14,150	18,400	26,200	28,300	35,400			
	4			17,050	22,100		31,500 /	42,600		
							35,100			
	5			19,950		25,900	36,900 /			
							39,900 /			
							49,900			
	6				22,850	29,700	42,300 /	57,100		
							45,700			
	7					25,750 /	47,600	51.500 /		
						33,500		64,400		
	8					28,650	37,250	53,000 /		
								57,300 /		
								71,600		
	9					31,550	41,000	58,400 /	78,900	
								63,100		
	10					34,450	44,750	63,700 /	86,100	
								68,900		
	11						37,350 /	69,000 /	93,400	
							48,500	74,700		
	12						40,250	52,300 /	80,500	100,600
								74,500		
	13						43,150	56,000	79,800 /	107,900
									86,300/	

(100%, 130%, 185%, 200%, and 250%l Poverty Line; From: Federal Register, Feb 15, 2000 rounded to nearest \$50.)

If NUMADULT EQ 1 and CHILD1-CHILD9 EQ 0, go to HEIGHT Else continue

INCOM94B (Core) INCOMEB.

- 68. Which of the following categories best describes your PERSONAL annual income from all sources, that is, the amount of money you, yourself, bring into the household? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to less than \$75,000; \$75,000 to \$100,000, or more than \$100,000?
 - 1. Less than \$10,000
 - 2. \$10,000 to less than \$15,000
 - 3. \$15,000 to less than \$20,000
 - 4. \$20,000 to less than \$25,000
 - 5. \$25,000 to less than \$35,000
 - 6. \$35,000 to less than \$50,000
 - 7. \$50,000 to less than \$75,000
 - 8. \$75,000 to\$100,000
 - 9 more than \$100,000
 - 88. \$0; Doesn't have any personal income
 - 77. Don't know / Not sure
 - 99. Refused

HEIGHT (Core)

69. About how tall are you without shoes?

Round fractions down

Enter height in feet and inches
(Ex. 5 feet 11 inches = 511)

____ Enter height (verify if Less Than 408 or Greater Than 608)

777. Don't know / Not sure
999. Refused

WEIGHT (Core)

70. About how much do you weigh without shoes?

Round fractions up

Enter weight in whole pounds (verify if Less Than 80 or Greater Than 350)

WT12M (NEW) (CPNS)

999. Refused

TYPEIV.

71. How much did you weigh one year ago?

Round fractions up

- ____ Enter weight in whole pounds (verify if Less Than 80 or Greater Than 350)
- 777. Don't know / Not sure

777. Don't know / Not sure

999. Refused

COUNTY1 (Core) COUNTYA. 72. What county do you live in? Select From Brand List 777. Don't know / Not sure 999. Refused TYPE IX. ZIPCODE (Core) 73. What is your zip code? Enter the five digit number 77777 Don't know / Not sure 99999 Refused NUMPHON2 (Core) (not formatted) 74. How many residential telephone numbers do you have? Exclude dedicated fax lines, computer lines, cellular and mobile phones. (8 = 8 or more)1. One 2. Two 3. Three Four 4. 5. Five 6. Six 7. Seven Eight Refused 9.

INCOMADQ (Core)

YESNO.

- During the past month, did you feel you had enough money to meet your basic living needs?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

FOOD ADEQUACY

Now I'm going to read you a few statements that people have made about their food situation. For these statements, please tell me whether the statement was OFTEN true, SOMETIMES true, or **NEVER** true for you in the last 12 months. (That is, since MONTH of last year)

OUTOFFD (WIC) Ask all women

TRUEFALB.

- 76. The food that I bought just didn't last, and I didn't have money to get more. Was that OFTEN, SOMETIMES, or NEVER true for you in the last 12 months?
 - 1. Often
 - 2. Sometimes, or
 - 3. Never true
 - 7. Don't know / Not sure
 - Refused 9.

AFRDMEAL (MCH)

TRUEFALB.

- 77. I couldn't afford to eat balanced meals. Was that OFTEN, SOMETIMES, or NEVER true for you in the last 12 months?
 - 1. Often true
 - 2. Sometimes true
 - 3. Never true
 - 7. Don't know / Not sure
 - 9. Refused

CUTMEAL (MCH)

YESNO.

- 78. In the last 12 months, did you ever cut the size of your meals or skip meals because there wasn't enough money for food?
 - 1. Yes

2. No

(Go to EATLESSC)

7. Don't know / Not sure

(Go to EATLESSC)

9. Refused

(Go to EATLESSC)

CUTOFTN (WIC)

HOWLONGG.

- 79. How often did this happen? Was it almost every month, some months but not every month, or, only in one or two months in the last 12 months?
 - 1. Almost every month
 - 2. Some months, but not every month
 - 3. Only in one or two months
 - 7. Don't know / Not sure
 - 9. Refused

EATLESSC (WIC) (Health Status Indicator)

YESNO.

- 80. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money to buy food?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

EVRHNGRY (WIC)

YESNO.

- 81. In the last 12 months, were you ever hungry but didn't eat because you couldn't afford enough food?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

California Women's Health Survey – 2001 final - 9/12/01NOTEAT (CPNS) YESNO. 82. During the last 12 months, did you ever eat less than you wanted or not eat at all so that some other member of your household would have enough to eat? 1. Yes 2. No 7. Don't know / Not sure 9. Refused FDSTMAPP (CPNS, DSS) YESNO. 83. In the last twelve months, have you applied for food stamps? 1. Yes 2. No (Go to FOODBANK) 7. Don't know / Not sure (Go to FOODBANK) 9. Refused (Go to FOODBANK) FDSTMDEN (CPNS, DSS) YESNO. 84. Were you denied food stamps? 1. Yes 2. No 7. Don't know / Not sure 9. Refused In the last 12 months, have you received food assistance from any of the following sources? For each one, please tell me if you received food from the source named. (CPNS) (Ask of all women) YESNO.

		YES	NO	DK	RF	
85.	Emergency food banks	1	2	7	9	FOODBANK
86.	Meals served at a food kitchen/community site	1	2	7	9	FOODKIT
87.	Senior meal site or home-delivered meals	1	2	7	9	FOODSENR
88.	Food stamps (share with DSS) (NEW)	1	2	7	9	FOODSTP

FOODSTLS (NEW) (CPNS, DSS) Ask if yes to FOODSTP

TYPEIII.

89. In an average month, how many days do food stamps last in your household?

____ Enter number of days

77. Don't know / Not sure

99. Refused

WHYNOFD (CPNS)

YESNO.

Besides money, there are reasons why people don't always have the kinds of food they want or need. For each of the following, please tell me if it is a reason why YOU don't always have the kinds of food you want or need.

		YES	NO	DK	RF	NA	
90.	Too hard to get to the grocery store/ local market	1	2	7	9	8	NOFDSTOR
91.	Healthy foods I want are not available at work or						
	eating out NEW	1	2	7	9	8	NOFDOUT2
92.	I am not able to cook or eat						
	because of health problems	1	2	7	9	8	NOFDHLTH

PUBASST (NEW) (DSS)

YESNO.

Now, I would like to ask you about receiving money from the county (for your family) on a regular basis. This assistance is sometimes called welfare, AFDC or CalWorks.

- 93. Thinking back over the past two years, did you ever receive money through one of these programs?
 - 1. Yes

2. No (GO TO CPS)

7. Don't know / Not sure (GO TO CPS)
9. Refused (GO TO CPS)

PUBASTNW (NEW) (DSS)

YESNO.

- 94. Are you currently receiving money through one of these programs?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

CPS (NEW) (DSS)

YESNO.

- 95. Thinking back to your childhood, that is, before your 18th birthday, was there ever a time you were removed from your home by the state, county, or court, and went to live with people other than your mother or father?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

Next, I would like to ask you about physical activity and weight control.

	PLOY3	B = 4, 6, 7, 8 or 9, Go to EXERMOD; nue	
EXEF 96.		RK (NEW) (Core) n you are at work, which of the following be	EXERWORK. st describes what you do?
	1. 2. 3.	Mostly sitting or standing Mostly walking Mostly heavy labor or physically demanding v	vork
	8. 7. 9.	Doesn't work Don't know / Not sure Refused	Do not read)
EXEF 97.	In a ι time,	(NEW) (Core) usual week, how many days do you do mod , such as brisk walking, bicycling, vacuumir e increase in breathing or heart rate?	
		Enter number days	
	777.	None Don't know / Not sure Refused	
EXEF 98.	On d	M (NEW) (Core) lays when you do moderate activities for at ou spend doing these activities?	TYPEIII. least 10 minutes at a time, how much total time
		Enter number of minutes Enter number of hours	EXERO_H EXERO_M
		Don't know / Not sure Refused	
EXBI 99.	For g	Y (NEW) (CPNS) good health, how many days a week do you sical activity, exercise, or sports?	think you should participate in moderate
		Enter number of days	
	7. 9.	Don't know / Not sure Refused	
		II (NEW) (CPNS) hese days, for how many minutes do YOU t	nink you should be moderately active?
		Enter number of minutes	
	7. 9.	Don't know / Not sure Refused	

		CPNS)	TYPEVIII.	
101.		typical day, about how much time do you a, driving, reading, or watching TV?	spend sitting; for example, while you are a	at
		Enter number of hours Enter number of minutes	TIME_A TIME_B	
	7777	. Never . Don't know / Not sure . Refused		
		NEW) (CPNS) Ask of all respondents e you intentionally tried to lose weight in the	YESNO. ne past 12 months?	
	1. 2.	Yes No	(Go to HADMAM)	
	7. 9.	Don't know / Not sure Refused	(Go to HADMAM) (Go to HADMAM)	
		O (NEW) (CPNS) Ing the past 12 months, did you lose and ga	YESNO. ain back weight more than once? (yo-yo)	
	1. 2.	Yes No	(Go to DIETLBYO)	
	7. 9.	Don't know / Not sure Refuse	(Go to DIETLBYO)	
		EW) (CPNS) Ask if DIET12M = Yes and (DIE many pounds have you lost?	TYOYO = No or DIETYOYO = RF)	
		Enter number of pounds	(Go to DIETPILL)	
		Don't know / Not sure Refused	(Go to DIETPILL) (Go to DIETPILL)	
		(NEW) (CPNS) Ask if DIET12M = Yes and (lour most recent weight loss attempt, how r		
		Enter number of pounds		
		Don't know / Not sure Refused		

DIETPILL (NEW) (MCH)

- 106. In the last 12 months, how often did you use over-the-counter pills to help you lose weight? Would you say regularly, occasionally or never?
 - 1. Regularly
 - 2. Occasionally
 - Never 3.
 - 7. Don't know / Not sure
 - 9. Refused

DIETDRK (NEW) (MCH)

- 107. In the last 12 months, how often have you replaced your regular food with a diet supplement drink or diet supplement bar, such as Slimfast, in order to lose weight? Would you say regularly, occasionally, or never?
 - 1. Regularly
 - 2. Occasionally
 - Never 3.
 - 7. Don't know / Not sure
 - Refused 9.

BREAST and CERVICAL CANCER SCREENING

I would like to ask you a few questions about a medical exam called a mammogram. A mammogram is an x-ray of the breast to check for cancer and involves pressing the breast between 2 plastic plates.

HADMAM (BCEDP; CDC-C, modified lead-in) (Note: ask all women) YESNO.

108. Have you ever had a mammogram?

1. Yes

(Go to BCHAD) 2. Nο

(Go to BCHAD) 7. Don't know / Not sure (Go to BCHAD) 9. Refused

HOWLONG2 (BCEDP; CDC-C)

HOWLONGB.

109. How long has it been since you had your last mammogram?

(Read only if necessary)

- 1. Within the past year (more than 0 months to 12 months ago)
- Within the past 2 years (more than 1 year to 2 years ago)
- 3. Within the past 3 years (more than 2 years to 3 years ago)
- 4. Within the past 5 years (more than 3 years to 5 years ago)
- 5. More than 5 years ago

7. Don't know / Not sure (Go to BCHAD) Refused (Go to BCHAD) 9.

WHYDON2 (BCEDP) (Ask if HADMAM eq 1)

WHYDONEB.

110. What was the MAIN reason you had your last mammogram? Was it because:

- 1. Your doctor/nurse recommended it
- 2. You saw or heard media messages about a mammogram
- 3. You had a friend or relative who recommended it
- You had a friend or relative who has cancer
- 5. You were experiencing breast problems, such as lumps
- Routine checkup
- 7. Other reason
- 77. Don't know / Not sure
- 99. Refused

If HOWLONG2>2 and AGE<40 continue, else go to BCHAD.

WHYNOTDN (BCEDP)

WHYNOTDN.

111. What was the MAIN reason you did not have a mammogram during the past 2 years?

- 1. Not recommended by a doctor/nurse/ Doctor never said it was needed
- 2. Not needed/ not necessary
- 3. Never heard of a mammogram
- 4. Cost
- 5. No insurance to pay for it
- 6. Too painful
- 8. Other (specify)
- 77. Don't know / Not sure
- 99. Refused

BCHAD (CSS)(Ask all women)

YESNO.

112. Have you ever had breast cancer?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

MAMMPAY (BCEDP) (Ask all women)

PORTION.

113. If you wanted to have a mammogram, would you have to pay for all, part or none of the cost?

- 1. All
- 2. Part (includes co pay)

3. None (Go to MAMMED12)

7. Don't know / Not sure (Go to MAMMED12)
9. Refused (Go to MAMMED12)

MAMMDFP (BCEDP)

DIFFIC.

- 114. How difficult would it be for you to pay for the cost of the mammogram test? Would you say very difficult, somewhat difficult, a little difficult or not at all difficult?
 - 1. Very difficult
 - 2. Somewhat difficult
 - 3. A little difficult
 - 4. Not at all difficult
 - 7. Don't know / Not sure
 - 9. Refused

MAMMEDI2 (BCEDP) (Ask all women)

YESNO.

- 115. Since January 1, 2000, have you noticed any posters, billboards, commercials or advertisements with a message about having a mammogram test?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps.

HADCBE (BCEDP; CDC-C)

YESNO.

116. Have you ever had a clinical breast exam?

- 1. Yes
- 2. No (Go to LUMPOFT2)
- 7. Don't know / Not sure (Go to LUMPOFT2)
 9. Refused (Go to LUMPOFT2)

WHENCBE (BCEDP; CDC-C)

HOWLONGB.

- 117. How long has it been since your last breast exam? (Read only if necessary)
 - 1. Within the past year (more than 0 months to 12 months ago)
 - 2. Within the past 2 years (more than 1 year to 2 years ago)
 - 3. Within the past 3 years (more than 2 years to 3 years ago)
 - 4. Within the past 5 years (more than 3 years to 5 years ago)
 - 5. More than 5 years ago
 - 7. Don't know / Not sure
 - 9. Refused

LUMPOFT2 (NEW) (BCEDP)

YESNO.

118. In the last two months, have you tried to examine your own breasts for lumps or other changes?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

If BCHAD = 1, go to HADPAP, else continue.

BCGENET (NEW) (BCEDP)

YESNO.

- 119. If there was a free genetic test that could tell you about your risk for breast cancer, would you be willing to take the test?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - Refused

HADPAP (OWH)

YESNO.

A Pap smear is a test where material is taken from the cervix, that is the mouth of the womb, to see if any cancer cells are present.

- 120. Have you ever had a Pap smear?
 - 1. Yes

2. No (Go to WHATPAP)

7. Don't know / Not sure (Go to WHATPAP)
9. Refused (Go to WHATPAP)

WHENPAP3 (NEW) (OWH) Ask if HADPAP eq 1

121. When did you have your last Pap smear? [Probe for month and year.]

____ Enter Month WHENP_A
____ Enter Year WHENP_B

777777. Don't know / Not sure

999999. Refused

PAPINFO (NEW) (OWH) Ask if had a Pap smear since January 1, 1999 YESNO.

- 122. At the time of your last Pap smear, did your doctor or other health care provider give you a pamphlet with information on gynecologic cancers that can develop in women's reproductive systems?
 - 1. Yes
 - 2. No
 - 3. Doesn't know what gynecologic cancers are
 - 7. Don't know / Not sure
 - 9. Refused

WHATPAP (OWH)

WHATCA.

- 123. Which of the following can be detected with a Pap smear? Would you say Ovarian Cancer, Cervical Cancer, Both or Neither
 - 1. Ovarian Cancer
 - 2. Cervical Cancer
 - 3. Both
 - Neither
 - 7. Don't know / Not sure
 - Refused

If PREGNANT EQ 1 or TRYPREG =1, go to COLOTLK; else continue.

HYSTER2 (CORE)

YESNO.

124. Have you had a hysterectomy (that is, an operation to remove the uterus/womb)?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

If AGE LT 50, go to OSTEOHRD; else continue

COLOTLK (NEW) (NCI, CMRI) (NEW) Ask women age 50 and older YESNO.

125. Has a doctor or nurse ever talked to you about being tested for colorectal cancer?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

COLOEVER (CMRI: UCSF; Kaiser) Ask women age 50 and older:

A blood stool test is a test that checks for the possible presence of blood that one cannot see in the stools. A person takes small samples of her stools for 3 days, puts them on cards provided by the doctor, and returns the cards to the doctor for testing.

126. Have you ever had this test?

1. Yes

2. No (Go to SIGEVER)

7. Don't know / Not sure9. Refused(Go to SIGEVER)(Go to SIGEVER)

WHENCARD (CMRI: UCSF; Kaiser) Ask women age 50 and older: HOWLONGH.

127. When did you have your last test to find blood in the stools?

- 1. 1 year ago or less
- 2. Between 1 to 2 years ago
- 3. More than 2 years ago
- 7. Don't know / Not sure
- 9. Refused

SIGEVER (CMRI: UCSF; Kaiser) Ask women age 50 and older:

A sigmoidoscopy or colonoscopy is a test where a doctor inserts a tube into the rectum and looks directly at the intestine to detect cancer and check for other problems.

128. Have you ever had either one of these exams?

1. Yes

2. No (Go to WHYNOSIG)

7. Don't know / Not sure (Go to WHYNOSIG) 9. Refused (Go to WHYNOSIG)

WHENSIG (CMRI: UCSF; Kaiser) Ask women age 50 and older: HOWLONGI.

129. When did you have your last sigmoidoscopy or colonoscopy exam?

1 year ago or less
 Between 1 and 5 years ago
 More than 5 years ago
 (Go to WHYSIG)
 (Go to WHYSIG)

7. Don't know / Not sure (Go to WHYSIG)
9. Refused (Go to WHYSIG)

WHYNOSIG (CMRI: UCSF; Kaiser)

WHYNODNB.

YESNO.

Ask women age 50 and older and if COLOEVER EQ NO OR SIGEVER EQ NO:

- 130. There are many reasons why women don't get tests for blood in the stool or have a sigmoidoscopy or colonoscopy. What is the most important reason that you have not had all of these tests? (DO NOT READ LIST)
 - 1. Doctor didn't recommend it
 - Cost (worry about the cost)
 - 3. Embarrassment (it's embarrassing to have that kind of test)
 - 4. The preparation for the test (a laxative) is uncomfortable or inconvenient
 - 5. Afraid the test might show cancer
 - 6. Heard bad things about these tests
 - 7. Painful
 - 8. I don't want it (I don't want a test like that done to me)
 - 9. I don't need it (risk of colon cancer is low; haven't had any problems)
 - 10. Other (Reason not listed above; NOT open-ended text response)
 - 11. Haven't had time
 - 77. Don't know / Not sure
 - 99. Refused

WHYSIG (NEW) (CMRI) Ask women age 50 and older

WHYDONEC.

(Ask if COLOEVER or SIGEVER = YES) (NCI with answer categories similar to CWHS 2000 WHYDON2)

- 131. What was the main reason you had your last test to detect blood in the stools or had a colonoscopy or sigmoidoscopy?
 - 1. Doctor / nurse recommended it
 - 2. Saw or heard media messages about colorectal cancer screening
 - 3. Had a friend or relative who recommended it
 - Had a friend or relative who has cancer
 - 5. Experiencing symptoms that concerned you / bowel problems (such as blood the stool, pain in abdomen or stomach, change in bowel habits)
 - 6. Routine checkup
 - 7. Other
 - 77. Don't know / Not sure
 - 99. Refused

OSTEOPOROSIS

OSTEOHRD (COPE) Ask of all women:

YESNO.

132. Have you ever heard of osteoporosis?

1. Yes

No
 Go to OSTEOIMP)
 Don't know / Not sure
 Go to OSTEOIMP)
 Refused
 Go to OSTEOIMP)

OSTEODEF (COPE) Ask of all women:

OSTEO.

133. What do you think osteoporosis is? (DO NOT READ LIST)

- 1. Bone loss (loss of bone, less bone mass/density, holes in your bones, thin bones)
- 2. Joint problems (painful joints, stiff joints, can't bend knees/fingers/shoulders)
- 3. Other (mentioned other definition; NOT open-ended text response)
- 7. Don't know / Not sure
- 9. Refused

OSTEOIMP (COPE) Ask of all women:

IMPORTB.

Osteoporosis is a thinning of the bones or bone loss. This loss of bone density can lead to curving of the spine or fragile bones.

- 134. How important a problem do you think osteoporosis or bone loss is for women? Would you say not at all important, not very important, somewhat important, or very important?
 - 1. Not at all important
 - 2. Not very important
 - 3. Somewhat important
 - 4. Very important
 - 7. Don't know / Not sure
 - 9. Refused

OSTEOTLK (COPE) Ask of all women:

YESNO.

- 135. Has your doctor or other health provider talked with you about how to prevent osteoporosis or bone loss?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

If AGE LT 50, go to HELPKID; else continue

OSTEOTLD (COPE) Ask of women 50 and older

YESNO.

136. Have you been told you have osteoporosis or bone loss?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

EVEREST2 (NEW) (COPE, CMRI) Ask of women 50 and older

YESNO.

137. Have you ever taken estrogen and/or progesterone for menopause or "the change of life"?

1. Yes

2. No (Go to HELPKID)

7. Don't know / Not sure (Go to HELPKID)

9. Refused (Go to HELPKID)

ESTROHR4 (NEW) (COPE, CMRI) Ask of women 50 and older YESNO.

138. Are you currently taking estrogen and/or progesterone for menopause or "the change of life"?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

Now, I would like to ask you about stress in your daily life.

If CHILD18 LT 1, go to MENTBELF; else continue

HELPKID (NEW) (MCH)

OFTENB.

- 139. The support systems I currently have to draw from are sufficient to help me cope with the stress of caring for my child(ren). Would you say.....
 - 1. All the time
 - 2. Most of the time
 - 3. Some of the time
 - 4. Almost never
 - 8. Not applicable
 - 7. Don't know / Not sure
 - 9. Refused

MENTAL HEALTH ISSUES

	Out heal		TYPEIV. think have a mental health problem? By a mental s that result in changes in thinking, mood, or
		Enter Number of adults	
	77. 99.	Don't know / Not sure Refused	
		O(NEW) (DMH) me if you agree or disagree with the f	AGREED. ollowing statement.
141.		cription medications are available that	reduce or control the symptoms of a mental health
	1. 2. 3.	Agree Disagree Neither agree nor disagree	
	7. 9.	Don't know / Not sure Refused	
	Wou	P (NEW) (DMH) Id you be embarrassed to seek help fo essional such as a psychologist, psyc	YESNO. r personal or family problems from a mental health niatrist, counselor or therapist?
	1. 2.	Yes No	
	7. 9.	Don't know / Not sure Refused	
	Now fami		YESNO. d you ever want (or need) help with personal or essional, such as a psychologist, psychiatrist,
	1. 2.	Yes No	(Go to MHNTCTRL)
	7. 9.	Don't know / Not sure Refused	(Go to MHNTCTRL) (Go to MHNTCTRL)

MHTRYHL2 (NEW) (DMH)

YESNO.

144. Did you try to get help from a mental health professional?

1. Yes

(Go to MHNTCTRL) 2. No

Don't know / Not sure (Go to MHNTCTRL) 7. (Go to MHNTCTRL) Refused YESNO.

MHHLPWN2 (NEW) (DMH)

145. Did you get hel

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

Now I would like to ask you about your feelings and experiences.

MHNTCTRL (Core) (All Women)

OFTEN.

- 146. In the past 30 days, how often have you felt that you could not control the important things in your life? Would you say...
 - 1. Very often
 - 2. Often
 - 3. Sometimes
 - 4. Rarely
 - 5. Never
 - 7. Don't know / Not sure
 - 9. Refused

ALCOHOL USE

Next I would like to ask you a few questions about alcohol use.

DRNKANY1 (Core) (All Women)

YESNO.

- 147. During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?
 - 1. Yes

2. No (Go to DRUNK)

7. Don't know / Not sure (Go to DRUNK)
9. Refused (Go to DRUNK)

DRKALC (Core)

TYPE II.

148. During the past month, how many days per week or per month did you drink any alcoholic beverage, on the average?

 Enter Number	1XX per week
Enter Week or Month	2XX per month

888. None (F6) (Go to DRUNK)
777. Don't know / Not sure (Go to DRUNK)
999. Refused (Go to DRUNK)

9.

Refused

	A dri shot	(Core) nk is 1 can or bottle of beer, 1 glass of wine, 1 can or bottl of liquor. On the days when you drank, about how many RAGE?	
	88 77. 99.	Enter Number of drinks (One half = .5) (verify if GT 11) None Don't know / Not sure Refused	
	Cons	(Core) idering all types of alcoholic beverages, how many times 5 or more drinks on an occasion?	TYPE III. during the past month did you
		Enter Number of times (verify if GT 15)	
	77. 99.	Don't know / Not sure Refused	
DRUI 151 .	NK (AI How	DP) Ask all women often in the past year did you drink enough to feel drunk?	TYPEIII.
		Enter Number of times (verify if GT 10)	
	77. 99.	Don't know / Not sure Refused	
		M (ADP) Ask all women many drinks does it take you to feel drunk?	TYPEIII.
		Enter Number of drinks (verify if GT 10)	
	88. 77. 99.	Never been drunk Don't know / Not sure Refused	
		(ADP) Ask all women g the last year have you had a feeling of guilt or remorse	YESNODK. after drinking?
	1. 2. 3.	Yes No Never Drink (Do not read)	
	7.	Don't know / Not sure	

ACCESS TO FAMILY PLANNING SERVICES

Now I'd like to ask you a few questions about sexual behavior. If there is a question that you cannot or do not wish to answer, please tell me and I'll go to the next question.

SEXBHAGE (OFP) Ask all women

TYPE VIII.

154. How old were you at the time of your first sexual intercourse experience?

Enter age in number of years

555. Never had intercourse

(Go to WHOSXEVR)

777. Don't know / Not sure

999. Refused question

HYSTER2=1 OR AGE>50 or SEXBHAGE = 555, go to WHOSXVER; else continue

Now I would like to ask you about your access to a health provider for family planning services.

FPWHEN2 (OFP) (Ask if HYSTER2 NE 1 and AGE LE 50)

HOWLONGD.

- 155. When did you last have a visit with a health provider to talk about or receive birth control? (Read only if necessary)
 - 1. Within the last six months
 - 2. More than 6 months to 12 months ago
 - 3. More than 12 months to 2 years ago
 - 4. More than two years ago
 - 5. Never
 - 7. Don't know / Not sure
 - 9. Refused
 - 8. Refused Module

(Go to BCUSE3)

FPDENIE2 (OFP)

YESNORF.

- 156. In the past year, have you gone without birth control supplies because you did not have enough money to pay for them?
 - 1. Yes
 - 2. No
 - 8. Refused Module

(Go to BCUSE3)

- 7. Don't know / Not sure
- 9. Refused

FPDENLO (OFP)

YESNORF.

- 157. In the past year have you gone without birth control because you did not know where to get services or supplies?
 - 1. Yes
 - 2. No

8. Refused Module

(Go to BCUSE3)

- 7. Don't know / Not sure
- 9. Refused

FPDENAP (OFP) YESNORF.

158. In the past year have you gone without birth control because you could not get an appointment or it was not convenient to go to the appointment?

- 1. Yes
- 2. No
- 8. Refused Module
- 7. Don't know / Not sure
- Refused

BIRTH CONTROL USE

BCUSE3 (OFP) (Asked if PREGNANT NE1)

YESNOM.

159. Are you or your male sex partner using a birth control method to prevent pregnancy? This includes male or female sterilization.

1. Yes

No (Go to BCWHYNOT)
 No male sexual partner (Go to EMERGBC)

7. Don't know / Not sure (Go to BCWNTHOW)
9. Refused Question (Go to BCWNTHOW)
8. Refused Module (Go to BCWNTHOW)

BCTYPE (OFP) YESNO.

160. Which birth control method or methods are you using?

(Read only if necessary) (Select all that apply)

1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.	Male sterilization \vasectomy Female sterilization Norplant/implants Depo-Provera /Injectables Birth control pills/oral contraceptive IUD/coil/loop Condoms/rubbers Diaphragm Female condom/vaginal pouch Cervical cap Foam/jelly/cream/vaginal contraceptive film (VCF) Withdrawal/pulling out Natural family planning/Rhythm/Fertility Awareness	BCTYP_A BCTYP_B BCTYP_C BCTYP_D BCTYP_E BCTYP_F BCTYP_G BCTYP_H BCTYP_I BCTYP_J BCTYP_K BCTYP_L BCTYP_L
	Natural family planning/Rhythm/Fertility Awareness Other (Specify)	BCTYP_L BCTYP_M BCTYP_N

- 77. Don't know / Not sure
- 99. Refused Question
- 88. Refused Module BCTYP_O

BCTYPTXT

160.5 OTHER (SPECIFY)

After answering BCTYPE, go to BCPAY

BCWHYNOT (OFP)

BCWHYNOT.

161. What is the MAIN reason that you are not CURRENTLY using birth control? (Read only if necessary)

Select from Brand List

- 18. Other (Specify)
- 88. Didn't think about it
- 77. Don't know / Not sure

BCWHYNOX

161.5 Other (SPECIFY)

If BCTYPE_A =1, go to EMRGBC;

If BCTYPE_B =1, (sterilized), or BCWHYNOT = 14 (sterilized), go to BCPAY2

Else, go to BCWNTHOW

If PREGNANT EQ1, or BCTYP_L=1.OR.BCTYP_M =1 go to BCWNTHOW; Else continue

BCPAY (OFP) YESNO.

162. How do you pay for the primary method of birth control that you use? (Select all that apply.)

Private Health Insurance	BCPAY_A
Medi-Cal	BCPAY_B
Family PACT/state program/SOFP/BIC/HAP	BCPAY_C
College-based health insurance	BCPAY_D
Got method free from a clinic outside of a school (e.g. county or community)	BCPAY_E
Got method free from school or school clinic	BCPAY_F
You paid co-pay	BCPAY_G
Partner paid co-pay	BCPAY_H
You paid entire cost	BCPAY_I
Partner paid entire cost	BCPAY_J
Share cost with partner	BCPAY_K
Family member pays cost	BCPAY_L
Other (specify)	BCPAY_M
Don't use birth control	BCPAY_N
	Medi-Cal Family PACT/state program/SOFP/BIC/HAP College-based health insurance Got method free from a clinic outside of a school (e.g. county or community) Got method free from school or school clinic You paid co-pay Partner paid co-pay You paid entire cost Partner paid entire cost Share cost with partner Family member pays cost Other (specify)

- 77. Don't know / Not sure
- 99. Refused

BCPAY2 (OFP) YESNO.

162.5 How did you pay for the sterilization?

1.	Private Health Insurance	BCPAY2_A
2.	Medi-Cal	BCPAY2_B
3.	Family PACT/state program/SOFP/BIC/HAP	BCPAY2_C
4.	College-based health insurance	BCPAY2_D
5.	Got method free from a clinic outside of a school (e.g. county or community)	BCPAY2_E
6.	Got method free from school or school clinic	BCPAY2_F
7.	You paid co-pay	BCPAY2_G
8.	Partner paid co-pay	BCPAY2_H
9.	You paid entire cost	BCPAY2_I
10.	Partner paid entire cost	BCPAY2_J
11.	Share cost with partner	BCPAY2_K
12.	Family member pays cost	BCPAY2_L
13.	Other (specify)	BCPAY2_M
14.	Don't use birth control	BCPAY2_N

- 77. Don't know / Not sure
- 99. Refused

If any "Yes" responses to Q 6-13, and BCUSE3=2, continue;

Else, go to EMRGBC

BCWNTHOW (OFP)

PORTION.

163. If you wanted to use birth control how would you pay for it? Would you say your private health insurance would pay. . .

- 1. the entire cost
- 2. some of the cost
- 3. or, none of the cost
- 7. Don't know / Not sure
- 9. Refused

EMRGBC (OFP)

YESNO.

164. To the best of your knowledge, if a woman has unprotected sex is there anything she can do in the three days following intercourse that will prevent pregnancy?

1. Yes

2. No (Go to WHOSXEVR)

7. Don't know / Not sure9. Refused(Go to WHOSXEVR)(Go to WHOSXEVR)

EMERGWHT (OFP)

EMERGWHT.

165. What can she do? (Do not read responses)

- Use emergency contraception
- 2. Take the "morning after" pill
- 3. Have an IUD inserted
- Take high dose/extra/several birth control pills 4.
- Take birth control pills 5.
- Take RU486 6.
- Have an abortion 7.
- Douche 8.
- 9. Prav
- 10. Other (Specify)
- 77. Don't know / Not sure
- 99. Refused

The next question asks about with whom you have had any kind of sexual activity over your adult lifetime.

WHOSXEVR (CORE) (Asked of all women)

WHOSEXB.

166. Which response best describes whom you have had sex with over your adult lifetime? Would you say ... (Adult = 18 or older)

- 1. Sex only with a woman (or with women)
- Sex only with a man (or with men) 2.
- Sex with both men and women 3.
- Never had sex (Go to STDCHLYD) 4.
- 7. Don't know / Not sure
- 9. Refused

WHOSX12M (CORE) (Asked of all women)

WHOSEXB.

167. Which response best describes whom you have had sex with in the past 12 months? Would you say...

- 1. Sex only with a woman (or with women) (Go to STDCHLYD)
- Sex only with a man (or with men) 2.
- Sex with both men and women 3.
- Did not have sex (Go to STDCHLYD)
- 7. Don't know / Not sure
- 9. Refused

If SEXBHAGE EQ 555 or WHOSXEVR =4 or WHOSX12M =1 OR 4, or AGE GE 50, go to STDHRPT2;

Else, continue.

SEXUALLY TRANSMITTED DISEASES

Now I'd like to ask you some questions about your current sexual behavior. If you are uncomfortable talking about this, please tell me and we will move on.

I would now like to ask you some questions about sexually transmitted diseases or STDs.

STDCHLYD(STD) (Ask if AGE<50)

YESNORF.

168. Have you ever heard of chlamydia?

- 1. Yes
- 2. No (Go to STDHRPT2)
- 7. Don't know / Not sure (Go to STDHRPT2) 9. Refused Question (Go to STDHRPT2)
- 8. Refused Module (Go to STDHRPT2)

STDCHLY2 (STD) (Ask if AGE<50)

YESNORF.

169. Please tell me if you think the following statements are true or false. Most women infected with chlamydia have symptoms.

- 1. True
- 2. False
- 7. Don't know / Not sure
- 9. Refused Question
- 8. Refused Module

STDPROPG (NEW) (STD) (Ask if AGE <50)

YESNORF.

170. Women with untreated chlamydia infections are more likely to have problems getting pregnant.

- 1. True
- 2. False
- 7. Don't know / Not sure
- 9. Refused Question
- 8. Refused Module

CHLYDTST (STD) (Ask if AGE<50)

YESNOUN.

171. Have you been tested for chlamydia during the past 12 months?

- 1. Yes
- 2. No
- 3. Don't know what chlamydia is
- 7. Don't know / Not sure
- 9. Refused Question
- 8. Refused Module

Please tell me if you think the following statements are true or false:

STDHRPT2 (STD) Ask all women

TRUEFALS.

- 172. Genital herpes can be transmitted even when there are no symptoms present (such as a sore or blister).
 - 1. True
 - 2. False
 - 7. Don't know / Not sure
 - 9. Refused

STDHRPNO (STD) Ask all women

TRUEFALS.

- 173. Most people with genital herpes know they have it.
 - 1. True
 - 2. False
 - 7. Don't know / Not sure
 - 9. Refused

I'd like to ask you a few questions about douching. (If respondent does not know what douching is, use the following description: By douching, I am referring to flushing the inside of the vagina with fluid.)

DOUCHEVR (STD)

YESNO.

174. During the past 12 months, have you douched?

- 1. Yes
- 2. No (Go to PROBPREG)
- 7. Don't know / Not sure (Go to PROBPREG)
- 9. Refused (Go to PROBPREG)

DOUCHOFN (STD) TYPEIV.

175. How often do you douche?

____ Enter Number of times per day, week, month, or year

- 77. Don't know / Not sure
- 99. Refused

PROBPREG (STD) from 1998

YESNO.

- 176. In the past, have you ever tried for more than 12 months to get pregnant and weren't successful?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

INFERTIL (STD)

YESNO.

- 177. Have you ever been told by a doctor or other health professional that you were infertile?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused

DOMESTIC VIOLENCE

The next questions are about relationships. I want to be sure you know that your participation is totally voluntary and that all the answers you provide will be kept confidential. If there is a question that you cannot or do not wish to answer, please tell me and I'll go to the next question.

No matter how well two people may get along, there are times when they disagree, get annoyed with the other person, or just have spats or fights because they're in a bad mood or tired or for some other reason. They also may use many different ways of trying to settle their differences.

DVCANTLK (DV) YESNORF.

- 178. I have some questions of a very private nature dealing with personal relationship issues and how couples resolve problems and conflicts. By couple I mean current or former husband, partner, boy friend or girlfriend. I want to ask you these questions only if you have privacy and no one will overhear. None of your answers will be reported to the police or other authorities. Is this a good time to ask you these questions?
 - 1. Yes continue
 - 2. No Probe for date/time to call back
 - 8. Refused Module
 - 7. Don't know / Not sure
 - 9. Refused

DVFEAR (DV) (Asked of ALL Respondents)

YESNODVA.

- 179. In the past 12 months, have you been frightened for the safety of yourself, your family or friends because of the anger or threats of a partner or former partner?
 - 1. Yes
 - 2. No
 - 3. No Partner
 - 7. Don't know / Not sure
 - 9. Refused

DVCNTROL (DV) (Asked of ALL Respondents)

YESNODVA.

- 180. At any time during the past 12 months, has a partner or former partner tried to control most or all of your daily activities? For example, controlling who you can talk to or where you can go.
 - 1. Yes
 - 2. No
 - 3. No Partner
 - 7. Don't know / Not sure
 - 9. Refused

DVLASTYR (DV) YESNO.

In the past 12 months has a partner:

		Yes	No	DK/NS	REF	
181.	Thrown something at you?	1	2	7	9	DVYRTHRW
182.	Pushed, grabbed, shoved or slapped you?	1	2	7	9	DVYRPUSH
183.	Kicked, bit or hit you with a fist?	1	2	7	9	DVYRHIT
184.	Beaten you up or choked you?	1	2	7	9	DVYRBEAT
185.	Forced you to have sex against your will?	1	2	7	9	DVYRSEX
186.	Threatened you with a knife or gun?	1	2	7	9	DVYRWPN
187.	Used a knife on you or fired a gun at you?	1	2	7	9	DVYRUSE
(NEW) for 2001						
188.	Followed you or spied on you?	1	2	7	9	DVYRFLOW

DVWHO (DV) (Asked if anyone said yes to any above)

189. The last time this happened, who did this to you?

- 1. Husband
- 2. Former husband
- 3. Partner
- 4. Former partner
- 5. Boyfriend
- 6. Girlfriend
- 7. Former Boyfriend
- 8. Former Girlfriend
- 9. Other (specify)
- 77. Don't know / Not sure
- 99. Refused
- 88. Refused module

DVDRUG (DV)

190. How much were drugs or alcohol involved in this incident? Would you say. . .

- 1. Not at all
- 2. Somewhat
- 3. Very much
- 7. Don't know / Not sure
- 9. Refused
- 8. Refused module

TSS

I am going to ask you about some stressful experiences you may have had. Please remember that everything you tell me is confidential. If at any time you feel like you would like to stop, please let me know.

TSSTKAD (NEW) (DSS)

YESNORF.

I'm going to ask you some questions about things that may have happened to you <u>after the age of</u>

- 191. After the age of 18, did anyone <u>ever</u> take something from you by force or threat of force? This includes only face-to-face encounters, such as a mugging or hold up.
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused
 - 8. Refused Module

(Go to PTSD1)

TSSBTAD (NEW) (DSS)

YESNORF.

- 192. After the age of 18, did anyone <u>ever</u> beat you up, such as slap, punch, or kick you, or attack you? (This includes a stranger or some one you know, like a partner or family member).
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure'
 - 9. Refused
 - 8. Refused Module

(Go to PTSD1)

TSSSXAD (NEW) (DSS)

YESNORF.

- 193. After the age of 18, did anyone ever force you into unwanted sexual activity by using force or threatening to harm you. (This includes any type of unwanted sexual activity, not just penetration.)
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused
 - 8. Refused Module

(Go to PTSD1)

TSSDIAD (NEW) (DSS)

YESNORF.

- 194. After the age of 18, did a close friend or family member ever die in an accident, homicide, or suicide?
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused
 - 8. Refused Module

(Go to PTSD1)

TSSTKCH (NEW) (DSS)

YESNORF.

I'm going to ask you some questions about things that may have happened to you BEFORE the age of 18.

- 195. Before the age of 18, did anyone ever take something from you by force or threat of force? This includes only face-to-face encounters, such as a mugging or hold up.
 - 1. Yes
 - 2. No
 - 7. Don't know / Not sure
 - 9. Refused
 - 8. Refused Module

(Go to PTSD1)

TSSBTCH (NEW) (DSS)

YESNORF.

196. Before the age of 18, did anyone ever beat you up, such as slap, punch, or kick you, or attack you? (This includes a stranger or some one you know, like a partner or family member).

- 1. Yes
- 2. No
- 7. Don't know / Not sure'
- 9. Refused
- 8. Refused Module

(Go to PTSD1)

TSSSXCH (NEW) (DSS)

YESNORF.

197. Before the age of 18, did anyone ever force you into unwanted sexual activity by using force or threatening to harm you. (This includes any type of unwanted sexual activity, not just penetration.)

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused
- 8. Refused Module

(Go to PTSD1)

TSSDICH (NEW) (DSS)

YESNORF.

198. Before the age of 18, did a close friend or family member ever die of in an accident, homicide, or suicide?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused
- 8. Refused Module

(Go to PTSD1)

PTSD

Now I'm going to ask you some questions about experiences people have had that are frightening, upsetting, or stressful to most people. Please think back over your whole life when you answer these questions. Your answers are important to us, but you do not have to answer any questions that you don't want to.

PTSD1 (OWH)

YESNO.

199. Thinking back over your entire lifetime, have you ever had any experience or experiences that were frightening, horrible or upsetting?

1. Yes

2. No (Go to CLOSING)

7. Don't know / Not sure (Go to CLOSING)
9. Refused (Go to CLOSING)
8. Refused module (Go to CLOSING)

PTSD2 (OWH)

YESNO.

200. Now thinking about the last 30 days, did you have nightmares about any experience or think about it when you did not want to?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

PTSD3 (OWH)

YESNO.

201. In the past 30 days, did you try hard not to think about any experience or go out of your way to avoid situations that reminded you of it?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

PTSD4 (OWH)

YESNO.

202. In the past 30 days, have you been constantly on guard, watchful, or easily startled?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

PTSD5 (OWH)

YESNORF.

203. In the past 30 days, have you felt numb or detached from others, activities, or your surroundings?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

MEDI_FU2 (ask if age>=65 and did not say "yes" to MEDICARE)

YESNO.

204. Do you have a social security card with red, white and blue stripes?

- 1. Yes
- 2. No
- 7. Don't know / Not sure
- 9. Refused

(changed June 1, 2001)

CLOSING: That's my last question. We appreciate the time you took to help the State of California develop and expand services and educational programs for women. We know that some of the questions we asked you were very personal, but please remember that your answers will be kept confidential. If you would like to talk with someone about these personal questions you may call RAINN at 1-800-656-HOPE. We hope you feel good about your contribution. Thank you.

SPANINT SPANINT.

(TO INTERVIEWER:) In what language was this survey completed?

- 1. Spanish
- 2. English